

Veterans Day is November 11

HERE ARE 7 WAYS
YOU CAN MAKE A DIFFERENCE
IN A VETERAN'S LIFE



DETAILS AVAILABLE AT
WWW.OKLAHOMA.VA.GOV/MAKEADIFFERENCE.ASP

1. DONATE ITEMS

We collect bicycles, quilts, bus passes, non-perishable foods, hygiene kits, winter coats, winter gloves, and books. Many of these items are distributed to homeless Veterans, quilts are distributed to our Veterans in palliative care and books can make a hospital stay more pleasant for any Veteran.

5. SHARE A UNIQUE TALENT

From artists and photographers to event speakers and musicians, we have a variety of opportunities for you to showcase your talents.

2. SEND A CARD

Our Veterans love receiving cards when they are in the hospital. Teach your children about Veterans Day and have them write a "thank you" card for a Veteran.

6. ORGANIZE A DAY OF CARING

Does your workplace or community group spend time volunteering? Spend an afternoon with us. Organizations have planted flowers, washed windows, held a cookout and spent time with hospitalized Veterans.

3. VOLUNTEER YOUR TIME

Whether you want to devote 5 hours or 500 hours, you're always welcome here. We also host a summer youth volunteer program for ages 14-18.

7. SAY THANK YOU

Sometimes a simple "Thank you for your service" is all it takes to brighten a Veteran's day. The price of freedom is visible at our VA, so next time you see a Veteran, tell them "Thank You!"

4. PAINT A KINDNESS ROCK

Do you have a creative side? Join the fun and paint a rock to leave in our Kindness Rocks Garden.

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
Oklahoma City VA Health Care System